



EUROPEAN CONGRES OF
**WELLNESS &
FITNESS**

20-21. 10. 2011.

Hotel Putnik Tulip Inn

Belgrade, Serbia






TEME I PREDAVAČI / THEMES AND LECTURERS

-  **Uvodni deo kongresa**
Birgit Schwarze, Predsednica Nemačkog fitness saveza DSSV (Nemačka)
-  **Razvoj fitnessa i slobodne aktivnosti u Evropi**
Günter Noll, vlasnik 5 fitness centara u Bonnu (Nemačka)
-  **Edukacija u fitnessu**
Paul Eigenmann, Predsednik DIN-Instituta za sertifikovanje švajcarskih fitness klubova (Švajcarska)
-  **Profit i fitness**
Nenad Đurović vlasnik fitness centara u Zagrebu (Hrvatska)
-  **Marketing i reklama. Kako saznati šta budući član želi**
Refit Kamberović, Generalni manager nemačkog saveza (DSSV) I autor 8 stručnih knjiga (Nemačka – Hrvatska)
-  **Funkcija fitness I wellness menadžera**
Dr Adam Kohnke, Predsednik Poljskog Saveza PZFW (Poljska)
-  **Fem – fitness novi trend fitnessa za žene**
Birgit Schwarze, Predsednica Nemačkog fitness saveza (DSSV) I Glavni urednik stručnog časopisa Medical Fitness and Healthcare (Nemačka)
-  **Fitness i ishrana**
Docent dr Dejan Čubrilo (Srbija)
-  **Razvitak fitnessa I wellnessa u Jugoistočnoj Evropi**
Mr Nina Stojadinović, Savez za rekreaciju I fitnes Srbije (Srbija)
-  **Zdravstveni značaj fitnessa**
Mr sci. med Dr Duško Spasovski (Srbija)
-  **Introductory part of congress**
Birgit Schwarze, Chairwoman of German Association of Fitness DSSV (Germany)
-  **Development of fitness and free activities in Europe**
Günter Noll, owner of 5 Fitness Centers in Bonn (Germany)
-  **Education in fitness**
Paul Eigenmann, Chairman of DIN-Institute for Certification Swiss Fitness Clubs (Switzerland)
-  **Profit and fitness**
Nenad Djurović, owner of Fitness Centers in Zagreb (Croatia)
-  **Marketing and Commercial. How to identify what future member wants?**
Refit Kamberović, General Manager of German Association of Fitness (DSSV) and author of 8 professional books (Germany-Croatia)
-  **Function of fitness and wellness managers**
Dr Adam Kohnke President of Polish Association PZFW (Poland)
-  **Fem – Fitness new trend of fitness for women**
Birgit Schwarze, Chairwoman of German Association of Fitness (DSSV) and Editor in Chief professional journal Medical Fitness and Healthcare (Germany)
-  **Fitness and nutrition**
Assistent Professor Dr Dejan Čubrilo (Serbia)
-  **Development of fitness and wellness in Southeast Europe**
MSc Nina Stojadinović, Serbian Association for Recreation and Fitness (Serbia)
-  **Health importance of fitness**
Mr. sci. med Dr Duško Spasovski (Serbia)



PLAN AKTIVNOSTI / ACTIVITY PLAN

19.10.2011.

-  Dolazak predavača i učesnika do 19.00 časova / Lecturers and participants arrival until 7.00 pm

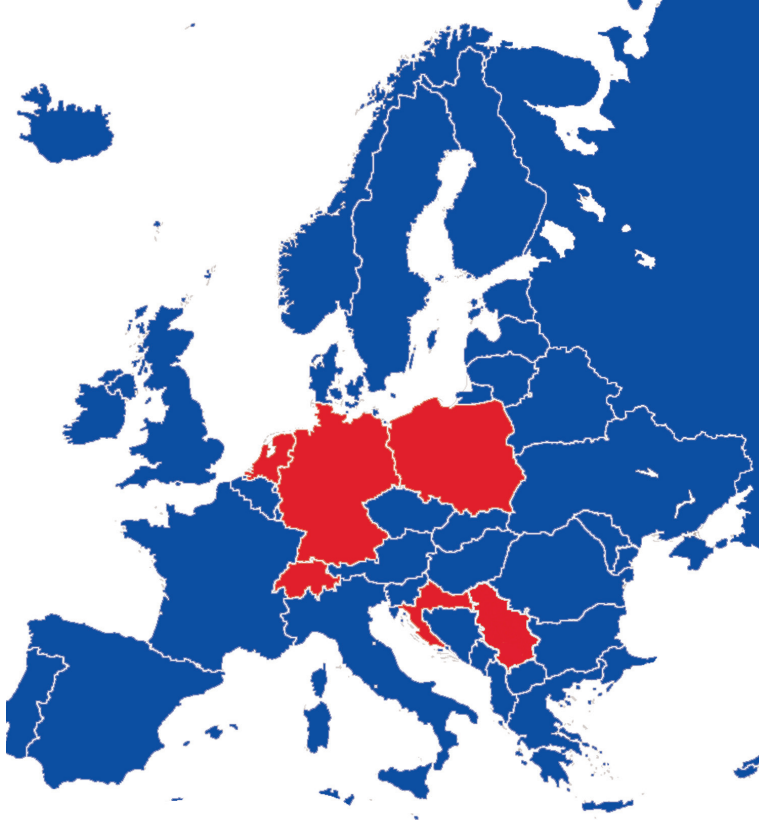
20.10.2011.

VREME / TIME	AKTIVNOST / ACTIVITY	LOKACIJA / LOCATION
08 ⁰⁰ – 09 ⁰⁰	Prijavljivanje učesnika / Participant registration	Lobi hotela / Hotel lobby
09 ⁰⁰ – 09 ³⁰	Svečano otvaranje / Opening ceremony	Sala za predavanja / Lecture hall
09 ³⁰ – 10 ³⁰	Predavanje 1. / Lecture 1.	Sala za predavanja / Lecture hall
10 ⁴⁰ – 11 ⁴⁰	Predavanje 2. / Lecture 2.	Sala za predavanja / Lecture hall
11 ⁴⁰ – 12 ⁰⁰	Pauza za kafu / Coffee break	Lobi hotela / Hotel lobby
12 ⁰⁰ – 13 ⁰⁰	Predavanje 3. / Lecture 3.	Sala za predavanja / Lecture hall
13 ⁰⁰ – 14 ⁰⁰	Predavanje 4. / Lecture 4.	Sala za predavanja / Lecture hall
14 ⁰⁰ – 15 ³⁰	Ručak / Lunch	Lobi hotela / Hotel lobby
15 ³⁰ – 16 ³⁰	Predavanje 5. / Lecture 5.	Sala za predavanja / Lecture hall
16 ³⁰ – 17 ³⁰	Predavanje 6. / Lecture 6.	Sala za predavanja / Lecture hall
17 ³⁰ – 17 ⁵⁰	Pauza za kafu / Coffee break	Lobi hotela / Hotel lobby
17 ⁵⁰ – 18 ⁵⁰	Forum – Okrugli sto / Forum – Round table	Sala za predavanja / Lecture hall

21.10.2011.

VREME / TIME	AKTIVNOST / ACTIVITY	LOKACIJA / LOCATION
08 ³⁰ – 09 ³⁰	Okupljanje učesnika / Participants gathering	Lobi hotela / Hotel lobby
09 ³⁰ – 10 ³⁰	Predavanje 1. / Lecture 1.	Sala za predavanja / Lecture hall
10 ⁴⁰ – 11 ⁴⁰	Predavanje 2. / Lecture 2.	Sala za predavanja / Lecture hall
11 ⁴⁰ – 12 ⁰⁰	Pauza za kafu / Coffee break	Lobi hotela / Hotel lobby
12 ⁰⁰ – 13 ⁰⁰	Predavanje 3. / Lecture 3.	Sala za predavanja / Lecture hall
13 ⁰⁰ – 14 ⁰⁰	Predavanje 4. / Lecture 4.	Sala za predavanja / Lecture hall
13 ⁰⁰ – 14 ⁰⁰	Ručak / Lunch	Lobi hotela / Hotel lobby

-  Posle 14.00 časova napuštanje soba / After 2.00pm leaving rooms



ORGANIZATOR:



Савез за рекреацију
и фитнес Србије

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